

# Tattoo After Care Instructions

This document is not intended as medical advice; consult this information with your tattoo provider.

1. **KEEP BANDAGE** on for 2-3 hours.
2. **AFTER 2-3 HOURS**, remove bandage carefully (if it sticks, wet bandage and remove slowly).
3. **ONCE UNCOVERED, DO NOT RE-COVER** with any dressing or bandages not approved by your artist (such as Saran/cling Wrap, gauze, etc.) wash with warm mild soap and water (using fingertips), then wash at a minimum three times per day for the next 7-14 days.
4. **USE AQUAPHOR** ointment or a triple antibiotic ointment such as A&D; apply a **very thin** layer 2-3 or more a day to prevent your tattoo from drying out. If it feels dry and tight, apply ointment. **(If you put the ointment on too heavy you will lose color and definition. If your tattoo looks like it is beading or dripping, the ointment is too thick).** After 5-10 days you may switch to a non-scented lotion, this will help your new layer of skin. **Do not use** Neosporin or products with an alcohol base, it will pull color and ruin your new tattoo. If you change ointment notify your artist first.
5. **IF A RASH OCCURS**, discontinue the use of the ointment and call your Tattoo Provider.
6. **AFTER A FEW DAYS**, it is perfectly normal for the skin on the tattoo to take on a cloudy appearance, followed by peeling for a short period of time (similar to a sunburn).
7. **NEVER PEEL** or pick at any part of your tattoo. If you do, you will lose color and it could result in additional expense in re-coloring. **(Any loose skin will work itself off without any help from you).**
8. **DO NOT** use alcohol to clean tattoo.
9. **DO NOT** rub or scratch (if it itches, give sharp slap). Keep clothing off direct contact of tattoo.
10. **DO NOT** let tattoo dry out.
11. **DO NOT** expose to direct sunlight or tanning beds for two weeks. (After two weeks, you may use a sun block of a minimal SPF 30 to prevent burning or color fading of your tattoo).
12. **DO NOT** soak tattoo in sauna, steam bath, or bathtub for two weeks (yes, you may shower).
13. **DO NOT** allow water to beat directly onto the tattoo while showering for at least one week.
14. **AVOID CHLORINE!** No swimming in pools, lakes, rivers, or oceans for at least two weeks.
15. **REMEMBER** that your tattoo is an open wound until it is completely healed. If you use the guidelines listed above (and a little common sense), in a short while, you will not even know it's there....except when you are showing it off. A lot of thought, planning, and a certain amount of discomfort has gone into your new tattoo. With just a little care, it will continue to look great for years to come!
16. **PLEASE USE** the ointment suggested by us (unless you have had problems in the past with it) other tattoo shops might suggest different products for their customers that may not work the same with our inks. Always consult with us if you plan to change from our aftercare guidelines.

**If you should have any questions please do not hesitate to ask! Call, text or email!**

**If rash or infection occurs please contact a medical physician.**

**(763) 200 - 1204 | [shop@thetattooedladymn.com](mailto:shop@thetattooedladymn.com)**